

**2011 SDCA SPRING CONFERENCE**  
**"50 Years of Counseling Excellence: Celebrating the Past; Building for the Future"**  
**April 28-30 , 2011---Sioux Falls Convention Center**

NAME: \_\_\_\_\_ EMPLOYER: \_\_\_\_\_  
Last First (as you want it printed on your conference name tag)

ADDRESS: \_\_\_\_\_  
Street/P.O. Box City State Zip + 4

EMAIL: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_  
(please include if you have one) Work

**Annual Membership Dues:** Our membership year runs from 7/1/10 to 6/30/11. You **MUST** be an SDCA Member to register for the conference at the member price. You may also use this form to pay your dues for the 2010-2011 fiscal year. (If you are unsure if your SDCA membership is current, contact SDCA.)

SDCA Professional Member dues	\$70.00	_____
SDCA Retired Member	\$20.00	_____
SDCA Student Member (must have professor's signature below)	\$20.00	_____
<b>Areas of Specialty:</b>		
SD Assoc. of Counselor Educators & Supervisors	\$15.00	_____
SD Indian Counselors Association	Regular \$15/Student \$10	_____
SD Mental Health Counselors Association	Regular \$25/Student \$10	_____
SD Rehabilitation Counseling Association	Regular \$10/Student \$5	_____
SD School Counselor Association	Regular \$30/Student \$10	_____
<b>Chapters:</b>		
Central Chapter (Pierre area)	\$ 5.00	_____
Cornbelt Chapter (Parker/Lennox area)	\$ 5.00	_____
Coteau Chapter (Watertown area)	\$ 5.00	_____
Interlakes Chapter (Brookings area)	\$ 5.00	_____
Lewis & Clark Chapter (Vermillion/Yankton area)	\$10.00/Student \$5	_____
North Central Chapter (Aberdeen area)	\$10.00/Student \$5	_____
Palace/Pheasant Chapter (Mitchell/Huron area)	\$10.00/Student \$5	_____
Sioux Chapter (Sioux Falls area)	\$10.00/Student \$5	_____
West River Chapter (Rapid City area)	\$10.00/Student \$5	_____
<b>TOTAL DUES</b>		_____

**SDCA CONFERENCE REGISTRATION:**

SDCA Member- <b>EARLY BIRD REGISTRATION</b> Includes Meals (circle choice below) <b>**This price good through February 15, 2011.</b> Please circle which Fri. Area of Specialty luncheon you plan to attend: SDACES, SDMHCA, SDSCA <b>(Registration includes Fri. specialty luncheon, Fri. Awards Banquet, Sat. breakfast)</b>	<b>\$150.00</b>	
SDCA Member— <b>Regular Registration Fee</b> Includes Meals <b>(Price after February 15, 2011)</b>	<b>\$200.00</b>	
SDCA Student Member- <b>EARLY BIRD</b> (membership must be current—includes meals) <b>Price good through Feb. 15 – after Feb. 15 price will be \$100.00</b> Please circle which Fri. Area of Specialty luncheon you plan to attend: SDACES, SDMHCA, SDSCA	<b>\$ 80.00</b>	
SDCA Retired Member (no cost for conference—cost covers meal functions) Please circle which Fri. Area of Specialty luncheon you plan to attend: SDACES, SDMHCA, SDSCA	<b>\$ 80.00</b>	
Non-SDCA Member Registration (Includes meals) Please circle which Fri. Area of Specialty luncheon you plan to attend: SDACES, SDMHCA, SDSCA	<b>\$250.00</b>	
Guest Meal Tickets: (Fri. Noon-\$15/Fri. Banquet-\$25) Guest's Name: _____ (circle meals guest will attend)		
Preconference Workshop Fees: (from back) Circle the preconference attending: SDMHA, SDSCA, SDICA		
TOTAL SDCA Conference Registration Fees:		
TOTAL Membership Dues (from above):		
TOTAL DUE to SD COUNSELING ASSOCIATION (No purchase orders please)		

**Please make checks payable to: SD Counseling Association (NO Purchase Orders Please)**

Complete this form and mail with payment to: **SDCA, PO Box 580, Vermillion, SD 57069-0580**

## 2011 Preconference Workshops

### **Anxiety disorders from a Cognitive Behavioral Therapy Perspective: Review Exposure and Response Prevention (ERP) Therapy**

**Presenter: Dr. Patrick B. McGrath**

**Sponsored by: *SDMHCA***

Thursday, April 28 - 9:00 AM to 4:00 PM

**6.0 CEU**

Almost 25% of the population will, at some point in their life, meet the criteria for having an anxiety disorder. While this is actually the most common mental health problem in the United States, there are very few therapists who specialize in treating anxiety disorders. In addition, anxiety disorders affect not only those suffering from them, but also their families and loved ones.

Dr. McGrath will review how to work with individuals who have anxiety disorders from a Cognitive Behavioral Therapy perspective and review the Basics of Exposure and Response Prevention (ERP) therapy. Further, information on how to do couples and family sessions will be reviewed.

This will be a hands-on talk - be ready to do ERP exercises so that you will be able to teach them to your clients. According to Dr. McGrath, "Participants will leave this training with skills and tools that they can apply the very next day in their practice. If they do not, then I have not done my job."

**Presenter: Dr. Patrick B. McGrath** After receiving his Ph.D. from Northern Illinois University, Dr. Patrick B. McGrath did a two-year postdoctoral fellowship at the St. Louis Behavioral Medicine Institute, an affiliate of the Department of Community and Family Medicine at the St. Louis University Medical School. His main area of focus was working in the Anxiety Disorders Center under the direction of C. Alec Pollard, Ph.D. In his current role, Dr. McGrath is the Director of the Alexian Brothers Center for Anxiety and Obsessive Compulsive Disorders and the Co-Director of the School Anxiety and School Refusal Program at Alexian Brothers Behavioral Health Hospital in Hoffman Estates, Illinois. He is also helping the Alexian Brothers Veterans Center to develop their Post-Traumatic Stress Disorder treatment program using a virtual reality simulator to assist returning veterans in dealing with their PTSD.

Dr. McGrath is a member of the scientific advisory board of the International Obsessive Compulsive Foundation, as well as the President of the Midwest Affiliate of the Foundation. He is also the President of the Anxiety Centers of Illinois, a private group practice.

Dr. McGrath the author of a stress management workbook called "Don't Try Harder, Try Different" as well as "The OCD Answer Book," available at bookstores across the country and on-line. Dr. McGrath has also been featured in many newspapers, journals, and magazines, and has been on numerous radio and television stations across the country, including The Sally Jesse Raphael radio show, The Steve Cochran Show and the John Williams Show on WGN radio, WGN television news, CBS news, National Public Radio, and PBS. He was recently featured on the Discovery Health Channel's Documentary "Anxious" and on two episodes of "Hoarding: Buried Alive" for The Learning Channel. He also does numerous speaking engagements across the country, has an active research program, trains students in the treatment of anxiety, and presents at state and national conferences focusing on anxiety disorders.

**SDMHCA Members: \$75 Student Members: \$40 Nonmembers: \$95**

### **Social Skill Training In Schools: Does It Work?**

**Presenter: Clarence (Tuck) Reed**

**Sponsored by: *SDICA***

Thursday, April 28 – 1:00 AM – 5:00 PM

**4.0 CEU**

This seminar provides participants with insight concerning the development and maintenance of a social skills training program/curriculum. Concepts for teaching social skills to a broad range of students will be presented. Discussion will also focus on creating consistent and positive environments to enhance student development. Participants will learn the importance of setting expectations and discuss current research on social skills training programs. This program will assist in the development of social skills programming and classroom management tools that will work with students at all levels of development.

**Presenter: Clarence (Tuck) Reed**, nationally known consultant for "The Well Managed Classroom" Book and Boys Town Common Sense Parenting Class. Tuck assists schools across the United States to help increase the effectiveness of classroom management through teaching social skills and decreasing undesirable behaviors in youth.

**SDICA Members: \$30**

**\$50 with new membership in S.D.I.C.A. included**

**Nonmembers: \$65**

## **Why Good Kids Act Cruel**

**Presenter:** Dr. Carl Pickhardt

**Sponsored by: SDSCA**

Thursday, April 28 - 9:00 AM – Noon

**3.0 CEU**

Early adolescence is a period of anxiety, uncertainty and insecurity. Although all kids are going through the same transformation, none of them seem to share what it is like, each feeling alone, isolated and unique. The result is that even fantastic kids will do and say harmful things. In a world where everyone is easily hurt, hurting others first becomes a way to prevent getting hurt yourself. This presentation will help give an understanding of why cruelty happens during these years and how we can help our young people through these difficult times.

**Presenter:** Dr. Carl Pickhardt received his BA and M.Ed. from Harvard and his PhD from the University of Texas in Austin where he presently is in private practice. Dr. Pickhardt is the author of 25 books dealing with child, adolescent and parenting issues including Why Good Kids Act Cruel, The Hidden Truth about the Pre-Teens Years. He has appeared as a guest on ABC, NBC, CNN, and NPR dealing with child and parenting issues. He has sourced major articles for *Time*, *US News and World Report*, *The Wall Street Journal*, and *Psychology Today*. Visit his website at [carlpickhardt.com](http://carlpickhardt.com)

**SDSCA Members: \$40 Student Members: \$20 Nonmembers: \$60**

**Attendance at both SDSCA preconference workshops:**

**SDSCA Members: \$70 Student Members: \$30 Nonmembers: \$110**

## **What do I do now?**

**Presenter:** Shane Windmeyer, M.Ed

**Sponsored by: SDSCA**

Thursday, April 28 - 1:00 PM - 4:00 PM

**3.0 CEU**

Even in small, rural communities in South Dakota there are young people struggling with their sexual identity. As counselors, we may have little or no training in dealing with these LGBT issues. So, we ask ourselves, "What do I do now?" This presentation will help us understand the challenges and pain that our young clients may face as they proceed on this personal journey. We will gain some ideas and suggestions which will help give us answers to this question of "What do I do now?"

**Presenter:** Shane Windmeyer, M.Ed is a national leader in gay and lesbian civil rights and a champion for LGBT issues especially on college campuses. He is the founder and executive director of **Campus Pride** plus founder of the national **Stop the Hate, Train the Trainer** program and is the author of many books dealing with the LGBT issues. Shane shares in a personal way the challenges confronting LGBT youth and challenges every person to play an active role in creating safer communities where everyone can thrive.

**SDSCA Members: \$40 Student Members: \$20 Nonmembers: \$60**

**Attendance at both SDSCA preconference workshops:**

**SDSCA Members: \$70 Student Members: \$30 Nonmembers: \$110**

### ***Cancellation/Refund Policy for 2011 SDCA Conference:***

- Cancellation requests received prior to March 15, 2011 – Entire registration fee less 10% for processing.
- Cancellation requests received between March 16-April 15, 2011 – Entire registration fee less 20% for processing.
- There will be no refunds of registration/meal fees for Cancellation requests received April 16, 2011 or later.

Requests for cancellations and refunds must be made in writing and sent to SDCA, PO Box 580, Vermillion, SD, 57069 or emailing [sdcounseling@hotmail.com](mailto:sdcounseling@hotmail.com). If your company/school paid your fees, the check will be sent back to them.